

Stephanie Bango Wharton, M.Ed

Instructional Design | eLearning | Online Learning

Warren, PA | stephanie@thewellsideoflife.com | 412-719-9474 | [LinkedIn Profile](#) | [Professional Portfolio](#)

PROFILE

For over 15 years, I have designed and developed learning experiences that have helped learners grow and achieve. As an Instructional Designer and eLearning Developer, I have created, designed, and developed eLearning courses, learning aids, instructor-led trainings, infographics and videos. I have also used personalized health education and digital content to successfully guide clients in 1:1 and 1:many health coaching settings.

PROFESSIONAL EXPERIENCE

Instructional Design Writer, Subject Matter Expert, Owner

Stephanie Wharton Wellness, LLC

06/2015 – Present

- Conduct needs analysis and implement feedback from adult learning data to inform learning solutions, which accelerated onboarding of new subscribers by 150%
- Design and create health related eLearning content including a thyroid health course, in-person and virtual Instructor Led Training (ILT, VILT), videos, learning aids, and online programs
- Design, develop, and evaluate learning assets to be included in training programs and curriculum including learning outcomes, training delivery, and assessments
- Create solutions that made complex and ambiguous content interactive and easy to understand
- Analyze and track data to assess progress towards meeting client demands and initiatives
- Effectively research, gather and synthesize science and health information
- Create personalized health coaching recommendations for consumers
- Design and implement online health programs that led to improvement in participant health (i.e. 68.8% of participants suffered from low energy/stamina at beginning of two week program and only 27.3% at the end of program)

Instructor, Program Lead

Arlington County Public School District, Arlington, VA

08/2005 - 06/2012

- Formulate new curriculum around learning goals, performance tasks, and assessment measures
- Provide feedback among colleagues in a team setting
- Analyze data to assess progress towards meeting customer demands and to assess and interpret learning outcomes
- Implement pre-determined agendas during meetings, which increased efficiency
- Develop subject matter expertise on a variety of topics

- Create and develop synchronous learning around standard learning objectives for learners of varying ages

Instructor

Winchester Thurston Academy, Pittsburgh, PA

08/2003 - 06/2005

- Show accountability to shareholders through the execution of engaging materials, assessment results, and onsite events
- Create training for maximum knowledge transfer within self-led education

EDUCATION

IDOL Courses Academy

Instructional Design Online Learning

Master of Science, Education - Advanced Studies in Teaching and Learning, Curriculum and Development

George Mason University

Certified Integrative Nutrition Health Coach

Institute for Integrative Nutrition

Bachelor of Science, Education

Bucknell University

SKILLS

- Ability to build rapport with others quickly
- Able to determine the most effective solution to close performance gaps based on evidence and best practice. Solutions may include, but are not limited to, structured training programs, e-learning modules, instructional videos, webinars, job aids, and performance support systems
- Excellent communication and organizational skills
- Writing, editing, and proofreading skills
- Evaluation skills
- Knowledge of content management systems and user experience design
- Creative, work independently, and willing to accept feedback
- Content Management System experience
- Highly motivated and driven to perform at my best

ADDITIONAL INFORMATION

- Present Member of the International Health Coaches Association
- Present Member of the American Association of Drugless Practitioners
- Present Member of School of Applied Functional Medicine Practitioner Forum

- 2018 Icon of Pittsburgh for Entrepreneurs
- First Ballot Election into Bucknell University Athletic Hall of Fame for Track & Field
- Completion of Cultural Competency Initiative
- Presenter at the National Association for Gifted Children National Conference in Minneapolis, Minnesota